

# LEE LIFELINE

A PUBLICATION FOR PATIENTS, RESIDENTS, AND FAMILIES

Try not to become a man of success, but rather try to become a man of value.

-Albert Einstein



## **Endings & Beginnings-**

With the first of September, some say that summer is ending. Others may see it as autumn beginning. Throughout the ages, the arrival of September has brought some notable occurrences;

<u>September 16, 1620</u>- The Mayflower ship departed from England bound for the New World – America – with 102 passengers and crew. <u>September 9, 1776</u> – The United States came into existence as the Continental Congress changed the name of the new American nation. <u>September 13, 1814</u> – Francis Scott Key observed the bombardment of Ft. McHenry and was inspired to write the verses that later became the U.S. National Anthem.

<u>September 22, 1862</u> – President Abraham Lincoln issued the preliminary Emancipation Proclamation freeing the slaves in Confederate held territories.

<u>September 8, 1883</u> – The Northern Pacific Railroad across the U.S. was completed.

<u>September 4, 1886</u> – The last major U.S.-Indian war came to an end as Geronimo was captured.

<u>September 11, 2001</u> – The worst terrorist attack in U.S. history occurred as four passenger jets were hijacked, then crashed, resulting in over 3000 deaths.

As the days begin to shorten, let us reflect and remember our storied past, but also the glorious beginnings that continue to endure. Every day is a blessing, and we have an opportunity every day to be a blessing to others.



The Activity Department is sponsoring an outing to Arrow B Ranch on Thursday, September 28. We will be enjoying a picnic and amateur horse show. Due to the limited number of seats available on our van, we encourage families to provide transportation for residents who are able to travel by car. We will be providing picnic foods for all and cost of admission for our residents. If you like more information, please see Laurie or

Chanda in Activities.

Arrow B Ranch is owned and operated by
Adam & Morgan Burke.

It is a great place for a fun family outing, close to
home!

Ctaff



Dacidante

## This Month's Birthdays

Residents		<u>Stan</u>		
Mary Giles	Sept. 4 – 102 Years!	<b>Bridget Davis</b>	Sept. 6	
Helena Cheek	Sept. 7	Tamey Kinney	Sept. 8	
Herman Kirk	Sept. 9	Jonathan Mullins	Sept. 9	
Lorene Ingle	Sept. 10	Kendra Hylton	Sept. 9	
Stephen Strong	Sept. 17	Chanda Mullins	Sept. 13	
Maurine Brown	Sept. 18	Keith Cowden	Sept. 14	
		Alexis Walker	Sept. 16	
		Sierra Lundy	Sept. 22	
		Ashley Jones	Sept. 28	
Lorene Ingle Stephen Strong	Sept. 10 Sept. 17	Kendra Hylton Chanda Mullins Keith Cowden Alexis Walker Sierra Lundy	Sept. 9 Sept. 13 Sept. 14 Sept. 16 Sept. 22	

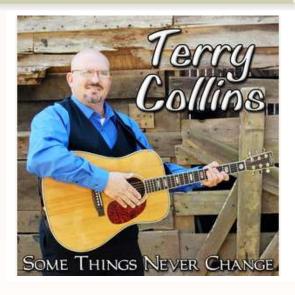
The Activity Department is searching for church, civic groups or individuals with a desire for volunteer service.

We are looking for folks willing to commit one day a week, two days a month or one time a month, engaging residents on our Cumberland unit with social and recreational programs.

Please contact Laurie Hawkins in the Activities Department for further information.

# More than 5 MILLION Americans are living with Alzheimers.

### **Upcoming Events**



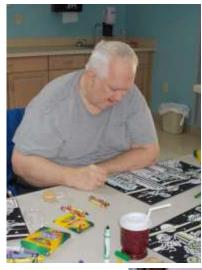
Thursday, October 19 10am In the Main Dining Room

Terry sings a variety of old country and gospel songs

# August was SUPER!

We celebrated throughout the month with a variety of Hero Challenges, photo opportunities and an end of the summer SUPER PARTY!

Thank you to staff and families who helped make this event a SUPER success!







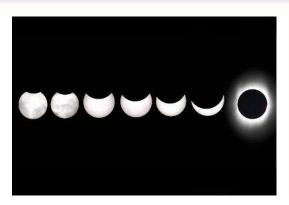












On Monday, August 21, a total eclipse of the sun was visible in the continental United States for the first time in almost 40 years.

Here in Pennington Gap, we experienced a 90% partial eclipse. Several residents, staff and family members joined us outside to watch this historic event. Residents and staff not wishing to be outdoors were able to watch the eclipse through a NASA live-feed on the big screen in the main dining room.

Our afternoon concluded with everyone gathering for Sun Chips and dip, Eclipse Gum, Sunkist soda and Moon Pies.





#### Lee Health & Rehab Center

208 Health Care Drive, Pennington Gap, VA 24211 276-546-4566 Phone

#### Administration

Administrator, Tammie Yeary, RN, LNHA Human Resources Generalist, Sue Reynolds

#### **Business Office**

Business Office Manager, Sherri Gilly

#### **Facilities**

Environmental Services Director, Jonathan Mullins Maintenance Director, Jonathan Mullins

#### Nursing

Director of Nursing, Ashley Jones, RN, BSN

Assistant Director of Nursing, Keith Cowden, RN, MSN

Nursing Supervisors, Hannah Farmer, RN

Donna Cluesman, RN

Rita Sutton, RN Sarah Delph, RN

Nursing Unit Managers Rikki Smith, RN

Laura Hounshell, RN

Wound Care Nurse, Kellie Eads, LPN,WCC

#### Admissions

Admission/Marketing Director, Kitty Kiser

#### **Dining Services**

Dietary Services Director, Tammy Howard, CDM

#### **Medical Services**

Medical Director, Dr. Abdul Almatari

#### Social Services

Social Services Director, Vanessa Hammonds, B.Sc.

Social Service Assistant, Linda Dotson

## Recreation, Activities & Volunteers

Activities Director, Laurie Hawkins, ADC Activities Assistant, Chanda Mullins

#### Reliant Rehabilitation Services

Tonya Clark, MSR:PT

