

A PUBLICATION FOR PATIENTS, RESIDENTS, AND FAMILIES



The power of LOVE is the greatest miracle of all



There is only 6 weeks until spring! Whether the ground hog sees his shadow or not, it is STILL 6 weeks until spring.

We get excited with intermittent unseasonably warm days, and fail to remember the wrath of 'Old Man Winter', when unexpected storms hit. The Great Blizzard of 1888, began 2 weeks before the spring equinox, taking down telegraph poles with strong winds and blinding snow, and just 11 years , later, in 1899, an amazing 54 inches of snow paralyzed many of the eastern states and major cities. More recently, 'Snowmageddon ' dropped 31 inches of snow, beginning February 5, 2010, <u>before</u> a blizzard hit with 50 mph winds and bringing another foot of snow! To everything and everyone there is a season. There is beauty in new fallen snow, the first buds of trees, the golden waves of grain waiting for harvest. Whatever the season you most enjoy, embrace it's wonder and unpredictability with awe. It will only last a while...

BLOOD DRIVE Wednesday, February 28 1-4 Contact the Activity Department for available times Your single blood donation has the potential to save 3 lives!



GIVE HERE HELP HERE



This Month's Birthdays

<u>Residents</u>

Patty Rasnic
Billie Miller
Ethel Crumley
Jean Napier
Pauline Sprinkle
Lucy Hansel
Emily Scott
Nancy Russell
J.C. Parsons
James Garrett
Ruth Hughes

Feb. 6 Feb. 10 Feb. 11 Feb. 12 Feb. 14 Feb. 15 -101 years! Feb. 23 Feb. 24 Feb. 26 Feb. 26 Feb. 27

<u>Staff</u>

Sheila Sturgill	Feb. 4
Allyson Clouse	Feb. 6
Whitney Fee	Feb. 15
Kristie Blanken	Feb. 19
Hannah Farmer	Feb. 20





Kellie Eads, LPN, WCC Kellie is our certified wound care and ostomy nurse at Lee Health and Rehab. She has been with us since June 2013, and became the full time wound care nurse in February 2016. Kellie recently has completed courses in sharp wound and debridement and received certification in January of this year. Kellie has a strong desire to improve the quality of life for others, and works tirelessly to ensure that those with wounds have the highest quality of care. She is dedicated and compassionate, always giving her full attention to her patients. She has a great relationship with our physicians and local wound care professionals. Kellie is a true asset to Lee Health and Rehab.

Karaoke

If you like to sing, please join us on Wednesdays at 2:00 in the Main Dining Room.

We have a variety of country and gospel classics, or bring your own ! All patients, residents, families, friends and staff are encouraged to

participate!



Upcoming Events

Mardi Gras Parade

Juesday, February 13 3:00

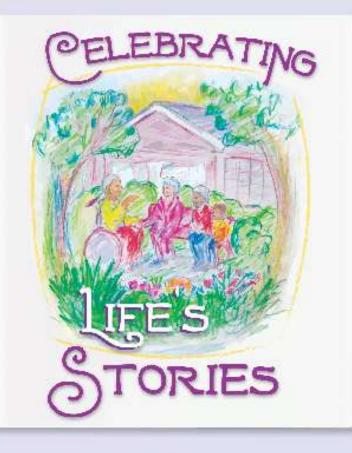
ALL staff, residents, families and friends are invited



to dress up, make a float, or just enjoy the festivities



National Skilled Nursing Care Week May 13-19, 2018



In skilled nursing care centers across the country, each person has a unique story to tell. If you take the time to listen to how life's most significant events, relationships, and experiences have shaped who others are today, you'll cultivate a shared sense of purpose and deeper understanding of your center and the surrounding community.

Narrating one's life story can be an enriching experience for both the story teller and the listener. This *National Skilled Nursing Care Week (NSNCW)*, formerly known as National Nursing Home Week, centers will collect life's most treasured moments to celebrate every individual's personal narrative.

In 2018, skilled nursing care centers will pay homage to the kaleidoscope of perspectives that residents, families, and staff bring to interactions every day with the theme, "Celebrating Life's Stories".

ahcancalorg/NSNCW #NSNCW



Lee Health & Rehab Center

208 Health Care Drive, Pennington Gap, VA 24211 276-546-4566 Phone

Administration Administrator, Tammie Yeary, RN, LNHA Human Resources Generalist, Sue Reynolds

Business Office Manager, Sherri Gilly

Facilities Environmental Services Director, Josh Leonard Maintenance Director, Jonathan Mullins

Nursing

Director of Nursing, Ashley Jones, RN, BSN Assistant Director of Nursing, Keith Cowden, RN,MSN Nursing Supervisors, Hannah Farmer, RN Donna Cluesman, RN Rita Sutton, RN

Nursing Unit Managers

Rikki Smith, RN Laura Hounshell, RN

Wound Care Nurse, Kellie Eads, LPN,WCC

Admissions Director, Linda Dotson

Dining Services Dietary Services Director, Tammy Howard, CDM

Medical Services Medical Director, Dr. Abdul Almatari

Social Services Social Services Director, Brandi Barnette Social Service/Admissions Assistant, Kayla Dotson

Recreation, Activities & Volunteers Activities Director, Laurie Hawkins, ADC Activities Assistant, Chanda Mullins

Reliant Rehabilitation Services Tonya Clark, MSR:PT

Chaplain on Call Josh Leonard 276-337-6536



Lee Health & Rehab Center www.facebook.com/LeeHealthRehabCenter