



Health & Rehab Center

# LEE LIFELINE

A PUBLICATION FOR PATIENTS, RESIDENTS, AND FAMILIES

November comes  
and November  
goes, with the last  
red berries and the  
first white snow.



With night coming  
early and dawn  
coming late, and ice  
in the bucket and  
frost by the gate.

The fires burn and  
the kettle sings,  
and earth sinks to  
rest until next  
spring.

-Clyde Watson

## Administrators Desk

### Happy November!

I wish you all nothing but good during this month and the months to come. As we prepare to celebrate Thanksgiving, let us carry a thankful heart with us during our everyday routines.

What positive influence can you make in someones' life today?

Be grateful, ya'll!

*Ashley*



# Blood Drive

## Tuesday, November 26

### 1pm - 4pm

Please register with  
Laurie in Activities for  
available donation time



### This Month's Birthdays

Residents

Betty Young	Nov. 4
Connie Duff	Nov. 8
Helen Bartsch	Nov. 16
Alice Collins	Nov. 21
Virgil Green	Nov. 26
Melvie Ball	Nov. 29

Staff

Miranda Gibson	Nov. 2
Jennifer Willis	Nov. 6
Shauna Vowell	Nov. 6
Tommy Stapleton	Nov. 10
Kathy Parsons	Nov. 11
Kaela Baker	Nov. 12
Kimberly Stapleton	Nov. 12
Melissa Tabor	Nov. 18
Rachel Petrey	Nov. 21
Tami Burgan	Nov. 22
Kayla Dotson	Nov. 25
Lindsay Bryson	Nov. 27
Kristi Edgar	Nov. 28

Trauma informed care is a subject that many of our patients do not always like to talk about, or that our staff are aware of the need to discuss. If a patient has had any type of trauma in their lives, we have a duty to help them and provide a listening ear to them. We also need to ensure we provide appropriate psychological services to them while they are a patient with us. It is embarrassing to some patients to discuss certain issues with people they do not know, but if we can establish a great rapport with our patients, they will be more willing to share their feelings with us and allow us to be a listening ear and a helping hand during this difficult time for them.



*Rebekah*

## SANTA VISITS

**Tuesday, December 24**  
**10:30am**

**Families and Friends are welcome to come and share  
this special time with us**

Upcoming Events



### Save the Date

**Saturday, January 25, 2020**

**Winter Wonderland Dance**

**A fun evening of fellowship, dancing and photo  
opportunities!**



# HALLOWEIRD



Glee Club

# Lee Health & Rehab Center

208 Health Care Drive, Pennington Gap, VA 24211  
276-546-4566 Phone

## Administration

Administrator, Ashley Jones, BSN, RN, LNHA  
Human Resources Generalist, Lisa Gilliam

## Business Office

Business Office Manager, Sherri Gilly

## Facilities

Environmental Services Director, Josh Leonard  
Maintenance Director, Jonathan Mullins

## Nursing

Director of Nursing, Rebekah Rutledge, BSN, RN  
Assistant Director of Nursing, Sarah Blust, BSN, RN  
Nursing Supervisors, Hannah Farmer, RN  
Donna Cluesman, RN  
Rita Sutton, RN

Nursing Unit Managers, Brittany Brock, RN  
Tracy Brewer, RN

Wound Care Nurse, Kellie Eads, LPN, WCC

## On Call Chaplain

Josh Leonard 276-337-6536

## Admissions

Admissions Director, Linda Dotson

## Dining Services

Dietary Services Director, Tammy Howard, CDM

## Medical Services

Medical Director, Dr. Donald Quinn

## Social Services

Social Services Director, Nicole Hipshire

## Recreation, Activities & Volunteers

Activities Director, Laurie Hawkins, ADC  
Activities Assistant, Chanda Mullins

## Heritage Health Pro Rehabilitation Services

Tonya Clark, MSR:PT

## Referral Development Coordinator

Charlotte Wilson



Lee Health & Rehab Center  
[www.facebook.com/LeeHealthRehabCenter](http://www.facebook.com/LeeHealthRehabCenter)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2019

*Calendar is subject to change*

<p><b>3</b></p> <p>10:00 - Weekend Trivia</p> <p>2:00 - Deep Springs Church</p> <p>3:00 - Gilligans Island ME TV</p> <p><i>Daylight Saving Time Ends</i></p>	<p><b>4</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Residents Choice</p> <p>1:00 - Victory Baptist Church Women</p> <p>2:00-Wayne Denson</p>	<p><b>5</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Bingo</p> <p>2:00 - Bowling</p> <p>6:00 - Social Time</p>	<p><b>6</b></p> <p>Daily Chronicle</p> <p>10:00 - Coffee Break</p> <p>10:30 - Heavenly Devotions</p> <p>2:00 - Crafts</p> <p>4:00 - Leonard Brothers</p>	<p><b>7</b></p> <p>Daily Chronicle</p> <p>10:00 - First Baptist Church - Pennington</p> <p>1:15 - Bible Study w/Louise</p> <p>2:00 - Bingo</p> <p>3:00 - The Rifleman &amp; Refreshments</p>	<p><b>8</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Hometown News</p> <p>10:45 - Menu Review</p> <p>2:00 - End of the Week Treat</p>	<p><b>9</b></p> <p>10:00- Hallmark Movie 'Finding Santa'</p> <p>2:30 -Combat Veterans Motorcycle Club Veterans Program</p>	<p><b>10</b></p> <p>10:00 - Weekend Trivia</p> <p>2:00 -Family Church</p> <p>3:00 - Gilligans Island ME TV</p>	<p><b>11</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Wayne Begley</p> <p>1:00 - Victory Baptist Church Women</p> <p>2:00 - Glee Club</p> <p>6:30 - Puckett's Creek</p> <p><i>Veterans Day (US)</i></p> <p><i>Remembrance Day (Canada)</i></p>	<p><b>12</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:30-Veterans program with Annette</p> <p>2:00 - Bingo</p> <p>6:00 - Heart to Heart</p>	<p><b>13</b></p> <p>Daily Chronicle</p> <p>10:00 - Coffee Break</p> <p>10:30 - Heavenly Devotions</p> <p>2:00 - Incredible Edibles</p> <p>4:00 - Leonard Brothers</p>	<p><b>14</b></p> <p>Daily Chronicle</p> <p>10:00 - Nail Touch Up</p> <p>1:15 - Bible Study w/Louise</p> <p>2:00 - Bingo</p> <p>3:00 - The Rifleman &amp; Refreshments</p>	<p><b>15</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Hometown News</p> <p>2:00 - Residents Birthday Celebration</p>	<p><b>16</b></p> <p>10:00- Hallmark Movie 'The Sweetest Christmas'</p> <p>2:00- Family Time</p>	<p><b>17</b></p> <p>10:00 - Weekend Trivia</p> <p>2:00-First Christian Church</p> <p>3:00 - Gilligans Island ME TV</p>	<p><b>18</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Bowling</p> <p>1:00 - Victory Baptist Church Women</p> <p>2:00 - Songs and Words of Comfort</p> <p>6:00 - Mt. Hope</p>	<p><b>19</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Bingo</p> <p>2:00 - Bowling</p> <p>6:30 - St. Charles Church of God</p>	<p><b>20</b></p> <p>Daily Chronicle</p> <p>10:00 - Coffee Break</p> <p>10:30 - Heavenly Devotions</p> <p>2:00 - Incredible Edibles</p> <p>4:00 - Leonard Brothers</p>	<p><b>21</b></p> <p>Daily Chronicle</p> <p>10:00 - Nail Touch Up</p> <p>1:15 - Bible Study w/Louise</p> <p>2:00 - Bingo</p> <p>3:00 - The Rifleman &amp; Refreshments</p>	<p><b>22</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Hometown News</p> <p>10:45 - Menu Review</p> <p>2:00 - End of the Week Treat</p>	<p><b>23</b></p> <p>10:00- Better Living Home Care</p> <p>3:00 - Calvary Baptist Church</p>	<p><b>24</b></p> <p>10:00 - Weekend Trivia</p> <p>2:00 - Fleenors Chapel</p> <p>3:00 - Gilligans Island ME TV</p>	<p><b>25</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Ronnie Sizemore</p> <p>1:00 - Victory Baptist Church Women</p> <p>2:00 - Horse Shoes</p>	<p><b>26</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Bingo</p> <p>2:00 - Scrapbooking</p> <p>5:30 - Admant Church</p>	<p><b>27</b></p> <p>Daily Chronicle</p> <p>10:00 - Coffee Break</p> <p>10:30 - Heavenly Devotions</p> <p>3:00 - Bible Study</p> <p>4:00 - Leonard Brothers</p> <p>6:00 - Maranatha Bible Fellowship</p>	<p><b>28</b></p> <p></p> <p><b>Happy Thanksgiving</b></p> <p><i>Thanksgiving Day (US)</i></p>	<p><b>29</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Hometown News</p> <p>10:45 - Menu Review</p> <p>2:00 - End of the Week Treat</p>	<p><b>29</b></p> <p>Daily Chronicle</p> <p>9:30 - Coffee Break</p> <p>10:00 - Hometown News</p> <p>10:45 - Menu Review</p> <p>2:00 - End of the Week Treat</p>	<p><b>30</b></p> <p>10:00- Hallmark Movie</p> <p>2:00- First United Methodist Church - Pennington</p>
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